

Physical Education Uniforms—Grades K-12

Grades K-4

- No gym uniforms are required.
- A separate pair of non-marking athletic tennis shoes with laces or velcro.
- It is suggested that all girls have a pair of shorts to be kept at school for physical education class when wearing a skirt or jumper.

Attention parents of 4th grade students:

With 4th grade students maturing physically, they sweat during physical activity. Please encourage your child to bathe and shower daily, wear freshly washed clothes each day, and use deodorant or antiperspirant daily.

Grades 5-6

- Any **short-sleeved** t-shirt with an MPA logo.
- Athletic style shorts (inseam 4" or longer). No dockers or cargo style shorts.
- Appropriate and clean tennis shoes with laces, i.e. running, cross trainers or indoor court shoes. (No slip-on, clog or raised soles, skateboarding or hiking style shoes.)
- Sweatshirt or jacket (stays in locker for cooler weather).
- Sweat pants or nylon wind pants (stays in locker for cooler weather).

Grades 7-8

- **Short-sleeved** t-shirt.
- No sleeveless shirts of any sort for either boys or girls.
- Standard length, fall below the belt-line when arms are raised.
- Any graphics or text must be school-appropriate and is up to the discretion of the individual teacher.
- Athletic style shorts (inseam 4" or longer).
- Appropriate and clean tennis shoes with laces i.e. running, cross trainers or indoor court shoes. (No slip-on, clog or raised soles, skateboarding or hiking style shoes). These shoes must have non-marking soles.
- Sweatshirt or jacket (stays in locker for cooler weather).
- Sweat pants or nylon wind pants (stays in locker for cooler weather).

Grades 9-12

- Appropriate and clean tennis shoes with laces, i.e. running, cross trainers, or indoor court shoes. These shoes must have non-marking soles.
- Shorts—preferable athletic styles, but anything which does not restrict activity—no boxers.
- No sleeveless shirts of any sort for either boys or girls. T-shirts—no tears, holes, etc.—standard length, fall below the belt-line when arms are raised.
- Sweat pants, wind pants and sweatshirt or jacket.
- If hats are worn, they must be baseball-style only.

Note:

Though only students in grade 5 and 6 are required to wear MPA logo clothing for gym, there are times during the year when we have "Spirit Days" and allow students to wear blue and white or MPA logo clothing. If you wish to purchase an MPA T-shirt or sweatshirt, they are available at the Used Uniform sale and throughout the year in the Lower School Office.

Any printing on shirts, sweats, etc. must be in good taste. Any dispute regarding physical education clothing is at the discretion of the physical education teacher.

All student clothing and equipment should be clearly marked with the student's name.