

SPOTLIGHT  
Helping you make healthy choices!



# The First Thanksgiving

Thursday November 13<sup>th</sup> 2008 During all 3 lunch periods.

# Educational Seasonings

*Try Samples of these representations of what the First Thanksgiving Dinner would have been like:*

Roast Duck with Currant Sauce

Corn Meal Cakes with Maple Syrup

Stewed Pumpkin

Cinnamon Water